



PARK VIEW PRIMARY SCHOOL

60 Pasir Ris Drive 1 Singapore 519524. Tel: 6585 1421 Fax: 6585 1401

PVPS-2024-03

1 February 2024

Dear Parents/Guardians,

TOTAL DEFENCE DAY 2024

2024 marks 40 years of Total Defence (TD40) in Singapore. The theme for this year's Total Defence campaign - "Together We Keep Singapore Strong" - focuses on the many ways we can put Total Defence into action in our everyday lives.

As part of our commemoration of TD40 this year, our students will experience a **food disruption simulation** in school on **Thursday, 15 February 2024**. This TD40 Exercise aims to prepare students for potential disruptions to our food supply chain due to climate change, protectionism, or geopolitical tensions etc., given Singapore's reliance on food imports. Please note that the canteen will not serve any form of meat (e.g., chicken, fish, pork, beef, mutton and seafood) during recess to encourage students to be flexible in food choices and be open to protein alternatives in the event of such disruptions. Following the exercise, students will reflect on their experience and share their thoughts and feelings with their classmates through a guided discussion.

Please see below on the food/drinks that the canteen will be selling during recess for that day:

Stall Number	Food/Drinks	Price
1	1. Mineral Water 2. Cut Fruits Cup	Per listed price Per listed price
2	1. Whole meal Bread 2. Red Bean / Lotus Paste Pao	40 cents per slice Per listed price
4	1. Sunny Side Up Egg 2. Plain Rice / Porridge	50 cents per egg 50 cents per portion
7	1. Sunny Side Up Egg 2. Plain Rice / Porridge	50 cents per egg 50 cents per portion
8	1. Steamed/Baked Sweet Potato 2. Corn Cup	\$1 per pack \$1 per cup

Please note that students can still bring their own snacks for mid-day break. Canteen vendors will be selling the usual food from 1.30pm for after-school programmes and activities.

In addition to Food Resilience Experience, the school will also be simulating short energy disruption. Students can continue to have their snacks while reflecting on the experience of not having electricity in their daily activities as we switch off the electricity for 10 min during mid-day break. This experience allows students to develop resilience and adaptability while they bear with the inconvenience and physical discomfort of not having electricity. As they continue with their activities as best as they can, they can also be influenced to see how everyday acts of conservation and sacrifice can serve the greater good.

Leaders of Character, championing Service and Excellence.

Respect for All. Responsibility in Actions. Resilience in Adversity. Integrity Our Core. Care for Community. Harmony in Diversity.



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We would like to encourage parents to also engage in a discussion with your children on the importance of food security to better help them understand some of our current realities and challenges. You may engage your child using the Family Activity resources on TDD in Kindsville or A-OK! magazines given to your child.

Another aspect of Total Defence involves safeguarding youth from exposure to radical information, including in the cyberspace. We have also engaged our students on the importance of vigilance to upkeep the safety and security of Singapore. To know more about how to safeguard your child, you are encouraged to read the pamphlet "Protecting our Youth from Radicalisation and Extremism" on the Parents' Gateway Parenting Resources Repository (Cyber Wellness category).

We thank you for partnering us in the commemoration of TDD so that our students would be grateful to be part of Singapore and know that everyone has a part to play in defending Singapore.

Yours sincerely,

Miss Jamie Lie
Principal